



Dr. Liu, Hongwei

Dr. Liu has been teaching, researching and in clinical practice for more than 22 years. He trained for 11 years at the prestigious China Academy of Traditional Chinese Medicine, devoting more than a decade to the full-time study of bio-medicine, acupuncture and herbal medicine.

Dr. Liu was one of the first people to earn a PhD and MD, honors that are achieved by very few doctors in China. He was a mentor professor at the Academy's Postgraduate School and chief physician at Xi Yuan Hospital. He is the author of 20 books and more than 150 research articles.

Dr. Liu is a top Nephrology and Diabetes Specialist. Currently he serves on the executive committee of the Nephropathy Division of the World Traditional Chinese Medicine Association, and was deputy chair of the Nephropathy Division of the Beijing Association for the Integration of Western and Chinese Medicine.

He specializes in using Chinese herbs and acupuncture to treat kidney, prostate and male reproductive disorders, diabetes, high blood pressure, high cholesterol, and to improve the quality of life of cancer patients and diminish or relieve the side effects of therapy. He has successfully treated lupus and other autoimmune disorders.

Dr. Liu has served as Professor at the International Institute of Chinese Medicine (New Mexico); Professor at Mercy College; Herbal Chair and Oriental Medicine Chair at New York College of Health Professions (2003 to 2005).

**Conditions commonly treated by
Dr. Yang & Dr. Liu:**

- Allergy & Sinus Relief
- Anxiety, Panic Attack, Palpitations
- Arthritis, Tendonitis & Joint Pain
- Asthma, Wheezing
- Autoimmune Diseases
- Back, Neck & Sciatic Pain
- BPH, Prostate Cancer
- Cancer Pain
- Carpal Tunnel Syndrome
- Chemotherapy & Radiation Side Effects
- Chronic Fatigue, Fibromyalgia
- Common Clod & Influenza
- Depression & Stress relief, PTSD
- Diabetes, Obesity & Complications
- Dizziness & Vertigo
- Face Lifting & Wrinkle Acupuncture
- Foot Pain - Bone Spur
- High Blood Pressure, High Cholesterol
- Hot flashes, Menopause, PMS
- IBS (Irritable Bowel Syndrome)
- Immune Boosting
- Indigestion, Gas & Constipation/Diarrhea
- Infertility & IVF/IUI Support
- Insomnia, Sleep Disorders
- Kidney disease, Kidney stone & UTI
- Ménière's Disease
- Menstrual Disorders
- Migraine Headaches
- Neuropathies, Numbness, Muscle Atrophy
- Pain Management
- Quit Smoking
- Skin Disorders
- Sports, Auto & Work Injuries
- Stroke, Tremors, Bell's Palsy, Epilepsy
- Thyroid Disorders
- Tinnitus, Ear Disorders
- TMJ, Trigeminal Neuralgia
- Weight Loss & Weight Control

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**Acupuncture &
Chinese Herbology
Specialists**



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Dr. Yang, Xiu Juan

**PhD, MD (China) & OMD,
Licensed Acupuncturist (NY),
Doctor of Oriental Medicine (NM),
Diplomate in Acupuncture, Diplomate
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English and Chinese spoken



Dr. Yang, Xiu Juan (Sue)

Dr. Yang, an internationally known acupuncturist, has been in clinical practice for more than 20 years, working in China, Scandinavia, South Korea, Brazil, Greece, and now, New York. She received her certification as a medical doctor (MD) and Traditional Chinese Medical Doctor in China (OMD) in 1985, and was one of the first practitioners in China to earn a PhD in clinical acupuncture (1991).

Dr. Yang practices in the field of internal medicine, specializing in vertigo, dizziness, Ménière's disease, depression, allergy, asthma, migraine headaches. She has successfully treated gynecological conditions such as menopause, infertility, and PMS. Her appointments include:

- ❑ Chief Physician, China Academy of Traditional Chinese Medicine, Beijing
- ❑ Professor and Clinical Supervisor, International Institute of Chinese Medicine, New Mexico
- ❑ Professor, World Health Organization Acupuncture Training Center
- ❑ Professor, Mercy College and Touro College, New York
- ❑ Chair of Acupuncture, Clinic Educational Director, New York College of Health Professions (2003-2004)
- ❑ Post-Traumatic Stress Disorder (PTSD) research consultant funded by National Institutes of Health (2001-2004)

What are Acupuncture and Chinese Herbal Medicine?

Acupuncture and Chinese Herbal Medicine are healing modalities that originated in China more than 5,000 years ago and are still standard medical practice in all Chinese hospitals. This lengthy history provides a solid foundation of clinical experience, supporting the safety and efficacy of these approaches. Acupuncture and herbs are used to treat many acute and chronic ailments. Chinese herbal medicinals are formulated for each person's constitution, and balanced to minimize or eliminate any side effects.

What is the theory of acupuncture?

Acupuncture involves the use of very fine, sterile, disposable needles inserted into energetic points on the body. This stimulates the body's energy to assist in the healing process. In Chinese Medicine, this energy flow is called Qi/Chi, pronounced *chee*. Qi provides the capacity to think, feel, work, and, most importantly, to heal. Practitioners of Chinese Medicine use acupuncture, herbs and other healing modalities to "coax" the innate healing abilities within every person to help healing occur naturally.

WHO endorses acupuncture

The World Health Organization (WHO) endorses the use of acupuncture and herbal medicine for the treatment of over 100 conditions, including pain, stress headaches, addictions, chronic fatigue, anxiety, dysmenorrhea, fibromyalgia, allergic sinusitis/rhinitis, depression, insomnia, asthma, chronic cough, gallstones, Bell's Palsy, women's and men's health-care, weight gain, weight loss, digestive disorders, kidney disorders, skin disorders, stroke recovery, decreased immunity and countless other ailments.

Does acupuncture hurt?

Because acupuncture needles are very fine, most of the time there is no pain when they are inserted. You may feel a brief pinch as the needle is inserted or tightness around the needle.

How safe is acupuncture?

Acupuncture is extremely safe. We only use new, sterile, individually wrapped disposable needles with every patient. We also clean the area with disposable alcohol pads before inserting a needle.

How does acupuncture work?

When Qi/Chi flows harmoniously, our bodies begin to respond in a naturally positive manner, reducing stress, restoring energy and balance, and promoting healing. We can help you to feel better now by applying our extensive experience in Acupuncture and Chinese Herbal Medicine to:

- ❑ Relax mind and body
- ❑ Enhance performance
- ❑ Relieve muscle tension
- ❑ Improve circulation and posture
- ❑ Raise mind and body awareness
- ❑ Eliminate pain and reduce stress
- ❑ Support your body's natural healing

We can treat: hot flashes, tinnitus, dizziness, vertigo, Ménière's disease, stress, depression, anxiety, panic, allergies, wheezing, autoimmune diseases, infertility concerns or pain.

If you want to: have a child, quit smoking, lose weight, modify other lifestyle habits, or enjoy optimal health, we can help you.

Acupuncture and Chinese Herbal Medicine may be the answer for you.

**Call (212) 920-4528
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